

# **the KANSAS** **PADDLER**

*"The Official Newsletter of the Kansas Canoe & Kayak Association (KCKA)" Fall 2005*

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## In the News:

*Starting this year the KCKA will work with ACA (American Canoe Association) to provide insurance for our members and guests for trips. KCKA board members have worked hard to provide this valuable asset to our members and guests for a minimum cost. Special thanks to Chris Collins for his ambition and perseverance in this matter. See page 2 for more details.*

*2005 had several water incidents reported both in area newspapers and on local television stations. Fortunately for the people needing help, KCKA members were nearby to provide immediate help and valuable information to media and local law enforcement agencies. More on page 3.*

*Access points for launching boats continue to improve in the Wichita area. Recently Wichita City Council approved \$30,000 to study where more public access points can be built. Way to go Wichita! More on page 5.*

*Upcoming river clean up and float on October 22nd in Wichita. Help bring exposure to the KCKA and show the need for people to get involved in helping to clean and preserve Kansas natural resources. See page 10 for details and how to help.*



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## ACA/KCKA Membership Questions & Answers

Revised: September 11, 2005

**Q. Do I have to join ACA?**

**A. Absolutely not! If you don't paddle, you don't need to join ACA. If you paddle only once per year, then the \$10 / event insurance fee might be a better fit. If you paddle twice a year, it will be an even wash when compared to a single membership. If you factor in the Paddler Magazine (regularly \$18/yr), it makes good sense to join ACA.**

**Q. Why should I join ACA?**

**A. The main reason is so you can participate on KCKA float trips without paying the \$10/trip insurance fee. Also, you get a really great magazine (regularly \$18/yr) as part of your ACA membership and you help support the sport and the safety of the sport.**

**Q. Why should I join ACA prior to 12/31/2005?**

**A. The price is expected to go up after the first of the year. Your ACA membership is good for 12 months.**

**Q. Do I need ACA membership to participate on [Private] trips?**

**A. This is entirely up to the person or organization hosting the trip. If it is labeled [Private] on the KCKA schedule then it is posted as a public service only and will not be endorsed, sanctioned or recommended by KCKA or ACA.**

**Q. Why should I join KCKA?**

**A. Most of us joined KCKA because members help each other with the shuttle, loading of boats and often carpool to save travel costs. Paddling with others is safer and we support the sport. Other than an occasional shared expense such as group food or a camping site, our trips are free. KCKA membership costs less than a commercial shuttle in MO or AR.**



**Q. Why should I not join KCKA?**

**A. You don't need help with the shuttle. You don't want to support the sport. You would rather pay a commercial outfitter. You don't want to paddle with others. You like hiding a bicycle in the woods or hiking 10-15 miles so you float downriver. You like paddling back upstream. You don't want anyone to help you because you might have to help them. The thought of paddling with 4 or 5 other boaters just turns you off big time.**

**Q. What is the KCKA List of Insured?**

**A. This is a list of people who have provided proof of dual membership and have provided both a KCKA and an ACA liability waiver for our files. When these people RSVP for a trip in advance, the triplader has all the information needed. The participant won't need to deal with paperwork, insurance fees or waivers at the put-in.**

**Q. How does the KCKA List of Insured help us have more scheduled trips?**

**A. This list makes leading a trip an easy task and the ACA sponsored liability insurance protects the trip leader as well as the club and all trip participants. Remember, trip leaders are volunteers. Reducing their paperwork will make them happy campers and they will schedule more trips. Make it difficult for the trip leader and they are likely not to lead any more trips.**

**Q. Who can I contact if I have additional questions about membership or insurance?**

**A. Chris Collins, 316-942-4339. Chris is the club's volunteer marketing and membership person.**

Chris Collins (below)

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# KCKA 2005 Rescues

## **Clinton Lake, KS** *(by Steven Deyoe)*

Mike O'Connor's peaceful Sunday afternoon of kayaking at Clinton Lake in March came to an abrupt halt when he heard someone calling for help. Mike used his kayak to pull a man out of the frigid, rough water to safety. A second man was rescued by other people in a motorboat.

Mike had reported in a local paper that he was sitting on the beach resting when I heard a very muffled cry. "I thought he said 'help.' Then I heard it one more time after a few seconds." Mike reported. O'Connor saw one man bobbing in the water, held up by his life jacket but otherwise mostly unresponsive. According to a spokeswoman with the local sheriff's office, the boaters had been fishing from their boat when it capsized because of high waves, spilling them into the water. Other people on the shore called for help and a motorboat found the second victim floating in the water and brought him to safety. Meanwhile sheriff's officers, firefighters and medics responded to the lake. The men were taken by ambulance to a local hospital and later released.

Mike has been a boater in the Lawrence area for a few years but explained that this was his first boat rescue. Thanks to Mike O'Connor for helping out a stranger in their time of need. The KCKA promotes safe boating while enjoying the outdoors. Mike's quick response helped to make a potential drowning into a successful rescue and helped to bring positive media exposure to this sport and the club.



## **Wichita rescue involves KCKA members** *(by Steven Deyoe)*

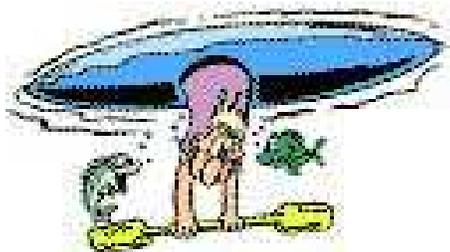
During the summer of 2005, heavy rains covered many areas of Kansas. Local kayakers came out to check out their favorite places to boat while the water was unusually high. Unfortunately so did others that took the dangers of boating high water for granted. These boaters had little or no experience. They had little or no safety gear combined with unfamiliarity with the dangerous water conditions.

In June 2005 at the Big Arkansas River Park in Wichita, several KCKA members had met to do some training in the high water levels after several days of heavy rain. While in the parking area, two men were seen preparing small rubber rafts not designed for any type of whitewater, certainly much less than the near flood stage the river was running at that day. Ignoring warnings from the KCKA members present, these two individuals continued to prepare their gear. A few moments later, member David Cobb witnessed the two launch in the worst possible area of the park, just above a Weir type dam at the lower end of the park. A Weir dam is extremely dangerous due to the fact that it gives no area to escape, simply making the water re-circulate over and over again. This has the ability to hold any person or boat trapped, usually for extended periods of time, even up to weeks or months. As David Cobb later described, the boat immediately capsized and the two men were lost from site momentarily.

As members of the KCKA that were present began to respond, the men became visible again. One man was able to scramble to shore and get out, while the second managed to grab onto the side of a nearby bridge support. As members assembled to try and find a safe rescue solution, the man on the river could simply hang on and wait for help. After comparing options of what could be done, the KCKA members soon decided to call 911 as more help was needed for such a dangerous rescue. With the Wichita Police and Fire Department, Sedgwick County EMS and rescue teams summoned, the man was told to stay put and wait for more help. Once local rescue agencies arrived, several options were considered but eventually the powerful undertow forced the rescue personnel to abandon any rescue from the water and repel down from the bridge overhead.

By this time, a crowd had formed and local television and radio station reporters had arrived. With the rescue now underway, everyone present could only sit and watch the rescue unfold. After approximately two hours from when the accident happened, the remaining man was lifted to safety by the high-angle rescue specialist with the Wichita Fire Department. As the man that made it to shore on his own was arrested, so was the man rescued from under the bridge. Members of the KCKA were initially nervous that they had lost their access privileges, fortunately club president Jim Johnson spoke with local law enforcement agencies and explained the situation of how unsafe and unprepared the men really were. Soon after, members were told that the playspot upstream would stay open to them for future use.

One example of how powerful the water was that day was emphasized by a large water heater that was also caught in the undertow near the stranded boater. The water heater washed out later that day and the boat the man was in remained caught in the undertow for several days. Thanks again to the members of the KCKA present that day that tried to educate and later rescue these men.



# Health and Safety tips

With fall just around the corner and the hot days of August and September fading away fall trips are on the rise. It's time to pull out our winter gear and start preparing for what to do in case of an emergency. Remember that even if you are safe and prepared, other boaters may not be and look to you for help. Below is some information that all boaters should keep in mind.

## Hypothermia (Steven Deyoe RN, Paramedic)

### What is "Hypothermia" defined?

Hypothermia is the loss of body heat to a point where the core body temperature falls below 35 degrees celsius or 95 degrees fahrenheit. Decreased consciousness begins normally when the core body temperature falls below 30-32 degrees celsius or 86-90 degrees fahrenheit. Below this level cardiac arrest may occur.

### What are the risks of becoming hypothermic?

Hypothermia brings different risks to different people. Small children and older adults have higher risk than adults due to body changes and less effective body defenses to extremes of the cold. Some health risks from the cold include temporary conditions of fatigue, drowsiness and changes in alertness. Severe hypothermia will follow if not corrected and can lead to cardiac and respiratory arrest.

### What are the different stages of hypothermia?

Stage one may exhibit different stages of shivering, the person feeling cold and begins to have slurred speech.

Stage two may present with drowsiness, loss of muscle control and incoherence.

Stage three presents with profound altered level of consciousness with victim collapsing or unable to move. Breathing may be impaired and if not corrected, cardiac arrest may soon follow.

### What can be done to prevent hypothermia if you are in the water and cannot get to shore?

In the water the body temperature decreases about 30 times faster than out of the water. Climb back into or onto your boat or nearby debris, even partially getting out of the water will slow the effects of the cold. If you cannot do this, draw your arms and legs into a fetal position in the water to prevent heat loss. Try to float only, swimming draws heat out faster. Do not attempt to swim long distances as this will cause quicker heat loss than remaining the fetal position. If several people are in the water, group together and use each others body heat for help.

### What are the treatments for hypothermia that can be done immediately?

Treatment of hypothermia is based on severity. For all victims, gently remove them from the water and get them to shore immediately. Remove the wet clothes and provide dry blankets or clothing. Decreased core temperature makes the heart more prone to dysrhythmias from body movement, be quick but gentle. If no dry clothing or blankets are available, rescuers can take off their clothing and use their body for warmth by pressing up next to the victim. Gradually provide warm liquids if victim is conscious and can tolerate swallowing. Do not give caffeinated liquids and never alcohol. Caffeine can cause the heart arteries to constrict and the skin vessels to dilate, which will worsen the condition. Do not massage the victim, as this will also cause blood vessels near the skin to dilate. Call 911 for help immediately and provide supportive care to the victim until help arrives.

### What can be done to prevent hypothermia?

Prepare every time you boat. Provide information to others about where you will be and when you will be back. Take a cell phone in a waterproof case in your boat. Always wear your pfd and have an insulated cap or helmet liner nearby. Wear the proper gear for the conditions, pack extra in case of emergency. Have dry clothes stored both in your boat and in the take out vehicle. Always boat with others that are able to rescue you if needed.



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# Arkansas River access news (By Steven Deyoe)

With water-sports and outdoor activities in Kansas on the rise, both local and state governments are looking to how they can better utilize the available local resources. One way that is being discussed is to add more boating access points along the Arkansas River near Wichita. By opening more locations to access the river, local boaters are optimistic of future trips and wildlife viewing. With the proposal of an access eventually every five miles from Hutchinson to Oxford, this would provide a dramatic improvement from the few present day access points and steep banks that are currently used. In a recent vote, the Wichita City Council decided to match a \$30,000 contribution from the State of Kansas to study future access locations. Presently few places exist to easily enter the river, the newest being at Garvey Park in south Wichita. As local boaters certainly will enjoy this, they also look forward to future planned access points. The next location being spoke of is on 71st Street South, understood to begin later this year or 2006. With news of these improvements and increasing interest in canoe and kayaking by the different government agencies, local boaters are cautiously optimistic of the future construction.



Another issue being spoke about is the legalizing of other streams in Kansas to non-motorized boats for the recreation of our residents and visitors. An article about this appeared in The Wichita Eagle in August 2005. This article spoke about the need to decriminalize canoeing and kayaking in Kansas by opening access to smaller streams and creeks to help improve tourism and outdoor activities. With currently only three freely open rivers, the Kansas, Arkansas and Missouri, there is certainly much more room to provide new access.

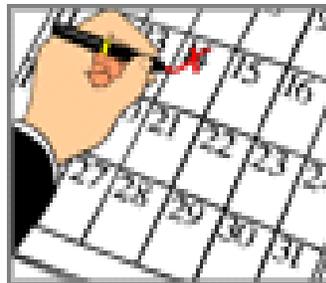
The final topic of this letter is the construction of a whitewater river park in Kansas. Currently no specific areas have been constructed for the purpose of whitewater playboating. As the Wichita Eagle article also describes, one possible location would be at the Lincoln Street Bridge in south Wichita. While no specific plans have been outlined, many KCKA paddlers are optimistic for the future and hopeful that the governing body will recognize the recreational and tourism benefits this would provide. Hopefully these issues will improve in the future and to help move this wonderful sport forward. Check out this and other articles at [www.wichitapaddler.com](http://www.wichitapaddler.com), a website developed and hosted by Chris Collins. Thanks to the support of KCKA members to promote this sport throughout the state. Steven Deyoe.

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### NEWSLETTER DEADLINES:

- Spring - **March 15th**
- Summer - **June 1st**
- Fall - **September 1st**
- Winter - **December 15th**

### Kansas Canoe & Kayak Association Photo Contest

Revised: 8/10/2005

#### Contest Rules & General Information

The judging has been postponed until Fall of 2006. Collect images that include nature and water. Also collect images that include paddlers. Try to shoot photos that will sell our sport. Since we use paddling to enjoy nature the entries do not have to include boats or paddlers.

Rules will be simplified and posted later.

#### Photograph Submission

To submit photographs, please contact the Contest Administrator:

Chris Collins

316-942-4339

Photos sent by email are likely to be lost in a SPAM filter. Be sure to make contact before sending photos via email.

Early entries will help promote this contest. Entries can be culled or swapped out by the contestant, one time prior to the deadline.

# Actions n' Captions



(Left) Bob Hoopes and his friend Ruth prepare to launch for on a overnight trip on the Current River in MO. Bob is a experienced boater and has also backpacked and hiked a great deal. Prior to this trip, Bob had completed the Appalachian Trail in the eastern U.S., walking over 2000 miles.

Gary Feist (below) prepares for a sharp turn ahead. Gary is a great person to have on a trip and always makes the trips an event to remember. Great to have you with along!



(Rt) Art Boileau paddles his 14.5 Carolina through a narrow spot on the Current River. Art travels from Anthony KS to take part in several trips every year.



Remember to send in your pictures with location, date and people or subject in the photo so it can be printed. If you prefer a specific caption, please send along also. Email to [onehomer@yahoo.com](mailto:onehomer@yahoo.com) or send photo's via mail to Steven Deyoe  
1429 N. Woodland  
Wichita, KS. 67203  
(p.s. please send a self addressed stamped envelope if you need the picture back)



(above) Levi Oxford, Bob Chance and Tom Hadorn take a short break while a swimmer empties out their boat. Levi has learned to paddle an inflatable kayak very well and seems to have no fear. Bob(yellow boat) continues to improve on his playboating skills and Tom(red boat) has several whitewater courses under his belt.



Tim Stoeklein (above) paddles through some powerful waves on the Arkansas River in Colorado. Tim is a newer member but he is coming on strong and makes it look easy. Nice job Tim.



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# Actions n' Captions

*TJ Hittle (above) parked on the river near Salida, CO. Several boaters learned many new things during his July novice trip. Thanks TJ!*

Dottie Thompson and Steven Deyoe (rt) on a early morning float. Dottie is one of our newest KCKA members. Dottie enjoys many outdoor activities and is eager to learn more.



*KCKA members Cliff Long and Eddy Beard recently purchased the "Lake Lawn Princess" in Wisconsin. The craft will soon be renamed "Seldom's Escape" and serve as the new home to Cliff and Eddy as they travel during their retirement. Best wishes from all your friends at KCKA. Both of you have touched many lives as you shared your passion for the outdoors and friendship towards others.*



*(below) Roger Norton (L) and Jim Sherow (R) take a break on the Arkansas River in Colorado. Jim is a newer boater but worked hard and paddled down some difficult water.*



Bob Chance (above) paddles through a rough spot on the Arkansas River in Colorado. Bob is improving more and more on his playboating moves.

# Trip Reports

Current River Trip March 12-13, 2005 (Written by Chris Collins)

We met at Tan Vat access about 2:30 PM Friday. Participants included Art Boileau, Gary Feist, Chris Collins, Steven Deyoe, Bob Hoopes and his friend Ruth. The shuttle to Akers Ferry took about two hours including changing a flat tire on Steven Deyoe's Cherokee. We launched about 4:30 PM and set up camp 1.2 miles downstream across the river from Baptist Camp Access. This turned out to be a really great campsite. Sand and leaves provided a nice cushion and there was an abundant supply of firewood to help dry out Art Boileau's paddle clothing.



Saturday morning, we waited till about 9:00 AM hoping that Dan Wilson finished striping a cotton field and would be able to meet up with us at Baptist Camp. We missed Dan and ended up launching about 9:30 AM. Except for rescuing Art, the day was uneventful and relaxing. I am sure Art was wasted by the day's end. We took turns rescuing him, his boat and his paddle.

Art's 14 1/2 foot touring kayak was just too difficult to maneuver around the many tight turns, small rapids and strainers. He is going to try a short inflatable like the Aire Tomcat. Compared to Art's touring kayak, the Tomcat will be much more maneuverable, more stable, self draining and won't require a wet-exit or an Eskimo roll.

If you think you are too old to play with us, Art is 75 years old and despite about 6 swims he had a great time and is ready to go again. It is all about proper clothing! I think Steven was the only one under 50. We need more family participation on our trips. Paddling is such a great way to spend quality time with your kids or grandchildren.

Saturday, we visited the several sites along the river that included a homestead, closed cave, an old one-room schoolhouse and Welch Spring. The weather was perfect with sunshine and temperatures in the mid-seventies. Several people in our group were shedding their shirts to soak up the warm sun. We saw no other paddling groups on or off the river. It was pretty much ALL ours. We did share it with about a dozen very nice trout fishermen and one fisherwoman.

Our plan for Saturday night was to locate a campsite about 2 miles from Akers Ferry, finish the trip Sunday morning and head for home by Noon. We scouted about three potential campsites. None were especially inviting so we continued to Akers Ferry and then drove back up river to Cedar Grove Campground where we camped Saturday night.

Sunday morning, Art helped Bob Hoopes and Ruth with a shuttle, and then hung around for some alone time with his camera and nature. The rest of us headed home. It was great to get home before dark. The total distance covered was about 16 miles and it took about 8 hours including breaks, rescues and exploring. The guidebook indicated a river trip speed of slower than 2 mph so we were pretty close.

For those of you that might wonder as I did, this section of the Current was almost exactly like the North Fork of the White River in difficulty and visual appearance. The big difference I noticed was the absence of private property signs and a few more spring strainers and traps that will probably be cleaned up once the float season begins. The Current is surrounded by government land. The caves were closed to protect the endangered Gray Bat. There were many abandoned buildings to visit. Apparently the government condemned properties for the National Scenic Riverway and gave many people a life estate so they could stay till they died.

We all tried to provide each other with entertainment, but Gary Feist gets the weekend Oscar. Instead of bringing only what he needed to camp two nights on the river, Gary brought about a weeks supply of almost everything and left his tent at home because he did not have room. We stopped at a "dollar" store in Licking, MO so he could purchase a ninety-seven cent 3 foot by 5 foot tarp which he unsuccessfully supported with a paddle and sticks. His sleeping bag was about 8 times larger than any other sleeping bag in the group and I would guess it must have weighed 32 lbs. His small sleeping bag completely filled a large NRS "Bill" bag. "But it was warm!" said Gary. He brought a whole case of bottled water, etc., etc., etc. He slept in his inflatable kayak both nights. The first night his boat went flat and his sleeping bag got soaked from water that was trapped in the boat, and the list goes on. Thank you Gary, from all of us. You added quite a bit of color to our trip.

All joking aside, Gary thanks for being the first to watch after and rescue your good buddy, and our friend, Art.

Carpooling makes these trips affordable. Gas was \$2.09 in KS and about ten to twelve cents less in MO. Three of us shared gas, camping and parking fees. It cost \$34 each.

In summary, you can believe all the hype about the Current River. This beautiful and outstanding river is a "must float" river for all of us.

Written by Chris Collins

## KCKA Accessories/Kayak Chapter Videos

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Berryton, KS 66409 / 785-379-9916 / email: [pcullen@sbcglobal.net](mailto:pcullen@sbcglobal.net)

Thank you to all the members of the KCKA while I try and get the newsletter going again. Following the newsletter that TJ Hittle had put together for many years is certainly a tough act to follow, but with your involvement by sending in your articles, pictures and anything else you like about our club, will help greatly. As I try and find my own style in future issues, please be patient and open as I will try to include information and topics that all the members feel are important. Just as with the newsletter, I believe this club is a great thing to be a part of and I look forward to boating with every one of you. Thanks again, Steven Deyoe.



NORTH FORK OF THE WHITE RIVER – 2004 Trip Report  
By Cliff Long

Starting the 8<sup>th</sup> of October, paddlers came from far and wide. With Kansas being far from Dora, Missouri, to be at the North Fork Campground for the appointed Saturday 9 am Saturday meeting, was quite an achievement. First we readied our boats and then set the shuttle for the day. Eddy Beard played chief shuttle driver and grub tender. Marty, Cecilia, Allison, and Meredith Burke, Bob Hoopes, and Ruth were our canoe contingent. Gary Feist paddled an inflatable canoe. Everyone else (Ray Cowin, Mike Cole, Jim Weaver, Mick Farrell, Charles Benjamin, Chris Collins, Steven Deyoe, Art Bouleau, and Cliff Long) paddled some type of kayak.

We were just a little ahead of the best of the fall turning of leaves, but it was a beautiful trip showing the golden and yellow colors of fall with hints of crimson leaves to come. Our lunchtime gravel bar had become an island so we found another place to stop with better access to the bushes. The Falls failed to claim any victims this trip although Art found a rock to park on at the top to contemplate the drop for a while. The Blair Bridge Access was reached as some of the paddlers started to show signs of wearing down a little. After loading boats and gear we went to Roy's Store in Dora and watched the evening's supply of chicken being barbecued. The buffet was excellent, especially the corn casserole. Marty Burke provided the finishing touches for a great river day by playing guitar and singing for us.

Sunday we went to Patrick Bridge to put in accompanied by an intermittent light rain. The ledges below the monkey house provided some very good surfing. At the dam at Dawt Mill some of us portaged in the center and some portaged on the far right. There was a nice wave to surf below the dam. The only attention that Repeating Riffle got was when Mike Cole tried to avoid a tree that was lodged there and got baptized (our only one of the weekend). All too soon we were on the pool at the confluence with Bryant Creek and the end of our trip.



***Awaypoint called "Life"*** (Short story from the Newspaper Editor)

It had been quite some time since I had learned a relatively low cost lesson in life that I will remember more clearly than most day to day events of working in a large hospital ICU environment, and prior to that as a paramedic on night shift in downtown Wichita. Most days of my life pass pretty routinely and without many unanticipated events occurring. I say this because occasionally someone or some event brings me back to the reality of the big picture of life and why I do the things I do everyday. Anyway, my story goes something like this.

*It had been a great week of kayaking and enjoying the local 2005 Fibark festival in Colorado, the biggest decisions of my day being minimized to items of a kayaker's necessity, such as where to paddle tomorrow, who could we get to shuttle us, and what time does Subway open? The two of us vacationing there had kayaked up to class 3 water that week and I felt pretty good about it, having no major spills and not making a fool out of myself in front of better paddlers or any attractive women. As the week ended, I looked forward to being joined by more Kansas paddler friends of mine and getting a larger group involved on Saturday and Sunday. The first day with the larger group went well with everyone enjoying the Arkansas River and ample water to float on. Unfortunately, the next day would prove much different for me. With no objections, the group headed west over the Continental Divide to a different location the next day. As I mentally prepared for this run that was more technical and steeper than I had tackled before, I thought to myself of how beautiful this place was and how I could just watch the river and trees all day and not even paddle. As we stopped at the launch site, I smiled and thought to myself, "what bad things could possibly happen on the last day of this trip?"*

*Deciding to paddle, I dropped in my boat and we headed out. "Wow, this water is cold and fast!", I thought to myself quickly after departing. Having this stuff that felt like liquid nitrogen splash in my face should have reminded me of the importance of watching the road, not the scenery. Soon after, I made up for my week of successful navigation when I failed to see a submerged log that was drawing the water mostly under it, until only at the last instant. The only two things I recall I had time to do was mumble a quick burst of profanity to myself and to dig my paddle in and try to go over the log, cogs. Only one of the two worked out well. As the water caught the stern of my boat and flipped me over backwards, it immediately began to draw my boat and I under the log, I lost all fears of paying for a new boat as I exited and scrambled onto the log, awaiting the help of my fellow paddlers. As the water pulled the boat deeper under the log, I saw for the first time the true ability of moving water to end a life in a few seconds. As the group of us worked to free my boat without success for about 30 minutes, I began to comprehend how powerless they would be to help me if I were under the log with my boat. Soon after this, the boat flushed out the bottom side of the log, and I felt some relief. Never minding at this time the paddle I had borrowed for this trip was still under the log. As the boat floated downstream with me watching from shore, I picked up the pieces of my shattered ego and began walking after it. The boat was soon brought to shore by another boater and we brought it up the bank to call it a day.*

*As drivers with the group that day left to get my vehicle from the takeout downstream, I sat on the bank catching my breath and thanking any spiritual being in earshot for such a ultimately free lesson. A few moments later a solo young kayaker floating by in a very similar boat stopped to ask if I had seen his girlfriend looking for him. As I answered his question, we began to make conversation and he explained how lucky he felt after not drowning following an mishap a short time earlier. He explained he had chosen the wrong route around a strainer and flipped over, having to exit his boat and after rescuing himself, he resorted to jumping up and down on the end of his boat to free it from under the strainer. I couldn't keep from smiling as we compared stories. He just couldn't get over how he had paddled much bigger water and nearly lost his life today on a class 2-3 river. After he left I pulled out my GPS and marked a new map waypoint for both of us. I called it "Life".*

Steven Deyoe

Cost to ship found paddle back to KCKA president I borrowed it from = \$32, Cost of fuel and expensives for trip = \$130?, party with friends that night in Maysville Colorado = Priceless (sorry, couldn't resist)

# Coming Events



## **OCTOBER**

October 8-9, 2005. [KCKA/ACA] [Float Trip Flatwater][Class I-II][River Camp] Sea Kayaking on Lake in Flint Hills. Paddle Saturday, camp from boats on Saturday night, paddle Sunday morning. Sea Kayaking rescue skills and proper clothing required. Advance reservation required. Insurance requirements apply. Trip Leader: Steve Denton 316-371-9872, RSVP: 316-942-4339.

October 12, 2005. [Meeting] Wichita KCKA Monthly Meeting. One in a series of educational meetings covering boating news, safety, nature, water quality and general information for guests who might be interested in the paddling sport. This month's program will be: Kayak Paddles & Forward Stroke Clinic. This session will have something for paddlers of all skill levels. Gather knowledge that will help you select the proper paddle. Learn a forward stroke that won't make your arms sore. Whether or not you exactly master this advanced stroke, you should be able to learn one or more techniques that can be used to improve your own forward stroke. Meeting begins at 6:30 PM, is free and open to the public. Bring a friend. Location: WATER Center, 101 E. Pawnee, Wichita, KS.

October 15-16, 2005. [KCKA/ACA] [Float Trip Flatwater][Class I-II][Base Camp] KCKA Fall Rendezvous on North Fork of White River and/or Bryant Creek. Will divide into two groups for each float to accommodate whitewater and touring paddlers. 10 AM shuttle and a long float on Saturday. 7 AM shuttle and if possible a short float early Sunday. Tables, hot showers and toilets. Camping on the river's edge Friday and Saturday night at Riverside Canoe. \$7.50 / person covers Saturday supper and Sunday breakfast. Insurance requirements apply. RSVP required. Rendezvous Details were mailed via postal service, see additional RSVP and insurance requirements below.

Saturday, October 22, 2005 [KCKA/ACA] [Float Trip Flatwater][Class I-II][Day Trip] Arkansas River Clean Up and Float Trip. This is a tentative activity subject to ACA insurance details. The plan is to clean up the Arkansas River in downtown Wichita while the Lincoln Street Dam is lowered for construction and then float to Garvey Park or Derby for a take-out. This will coincide with a Riverside Neighborhood activity and should both, do good for our community and draw some attention to our club and sport. Check the website for updates on this activity.

## **NOVEMBER**

Wednesday, November 9, 2005. [Meeting] Wichita KCKA Monthly Meeting. One in a series of educational meetings covering boating news, safety, nature, water quality and general information for guests who might be interested in the paddling sport. This month's program presenter will be (to be announced). Meeting begins at 6:30 PM, is free and open to the public. Bring a friend. Location: WATER Center 101 E. Pawnee, Wichita, KS.

## **DECEMBER**

Wednesday, December 14, 2005. [Meeting] Wichita KCKA Monthly Meeting. One in a series of educational meetings covering boating news, safety, nature, water quality and general information for guests who might be interested in the paddling sport. This month's program presenter will be (to be announced). Meeting begins at 6:30 PM, is free and open to the public. Bring a friend. Location: WATER Center 101 E. Pawnee, Wichita, KS.



*Wichita Water Center (pictured above) is a beautiful facility where KCKA can host programs for public education.)*

### **2005 Fall Rendezvous (TWO things must happen before attending the rendezvous.)**

1 Pre-register with the KCKA treasurer. Registration is half price if received in Lawrence no later than October 10. Details have already been published.

2 Insurance Requirements must be met BEFORE the rendezvous. Anticipate several days for mail delivery or verification. See WichitaPaddler.com/ACA/ for answers, or to see if you have already met the insurance requirements.

### **Questions & Answers:**

Q. Can I come late, eat my own food and not pay the registration fee? A. No. This complicates things for our volunteer organizers. Please join us on one of the many other events that don't have a registration fee.

Q. Can I take care of the insurance requirements at the rendezvous? A. No. Please do it ahead of time to avoid a strain on our volunteer organizers.

Q. Can I bring guest(s) to the rendezvous? A. You bet. This is a good way to share our sport and recruit new members. The name of each participant and registration fees must be submitted to the club treasurer in advance. They will need to sign waivers and pay the per person insurance fee in advance.

Q. Do children cost the same as adults? A. No. Children 12 and under are discounted for the rendezvous registration fee..

Q. If I am confused about any of this, whom can I contact for help? A. Chris Collins 316-942-4339.

## **KCKA Used Equipment**



**Wave Sport Frankenstein Kayak.** 9-9 long in good condition. Great whitewater boat. Blue. Great for beginners. We used for approx. 3 years. Includes new float bags, Banshee hip bags and medium skirt. \$250. David Cobb 316-772-3527

**REDUCED: 2003 Perception Illusion. Pair of 14 foot SOLO Sit-on-Top Kayaks.** Plenty of bow and stern storage for river camping. Self-bailing foot wells that will accept plugs. Includes paddles and accessory seats and high-back backrests. Ready to go package for two people! Have two yellow boats, just alike. \$500 for one boat or \$750 for the pair. Chris Collins 316-942-4339.

**Neoprene Shorts** – Patagonia, black and blue. Like new condition. \$30. Dave Redmon 785.776.2480 Home, 785.776.9294 Work.

**Neoprene Vest** - Perception, black and violet. Like new condition. \$20. Dave Redmon 785.776.2480 Home, 785.776.9294 Work.

**Camping Gear - Cooking Pots** - Coleman Exponent lightweight solo cook kit that includes a 1 quart stainless steel pot and other items. \$10. Chris Collins 316-942-4339.

**Wave Sport Z.** Whitewater boat for larger paddlers. Bomber backband. \$300. Suitable for whitewater only. Gary Feist 620-842-3129 daytime.

**New Perception Backband** with ratchet adjusters, made by Immersion Research. Should fit most modern Dagger and Perception kayaks and others. Requires a small slots on the backsides of the seat towers and in the cockpit combing. Slots are easy to make. See newer Perception kayaks or Chris Collins for an example. Ratchet adjusters are used to tighten backband against back. One-inch webbing straps attach to cockpit combing and hold the vertical and horizontal position. \$25 plus shipping via Priority Mail. A quantity/dealer discount is available. 20% discount for KCKA members. Contact: Dagmar Theodore 864-915-5053. wytwtr88@yahoo.com

**Sawyer wood paddles** (3) New, assorted sizes and styles individually priced. Contact Cliff Long 7 – 9 PM, M-F, (316-253-9216).

**Harmony Whitewater Paddle** 200cm, brand new with retail tag in place. NEVER used. Retail price is \$119.99, will sell for \$85. Steven Deyoe (316) 393-1762

**Harmony Sprayskirt** Neoprene, fits standard cockpit, paddler size is XL. Used but in mint condition. Retail price approximately \$100, will sell for \$50. Steven Deyoe (316) 393-1762

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Tuesday/Wednesday/Friday/Saturday 10:00-6:00

# KCKA MEMBERSHIP APPLICATION

PLEASE PRINT LEGIBLY

Date: \_\_\_\_\_

Name #1: \_\_\_\_\_

Name #2: \_\_\_\_\_

Address: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Phone: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ E-mail: \_\_\_\_\_

[THIS PHONE NUMBER & EMAIL ADDRESS WILL BE LISTED IN THE NEWSLETTER ROSTER]

**Please tell us how you heard about the Kansas Canoe & Kayak Association - check all that apply:**

- From a friend who boats
- KCKA Member: \_\_\_\_\_
- KANSAS PADDLER Home Page Information at a business (name): \_\_\_\_\_
- Article in News Media
- A KCKA activity booth
- Other/Name: \_\_\_\_\_

**My areas of interest include (check all that apply):**

- Family/Flatwater Canoeing (Class I-II)
- Kayak Touring (Class I-II)
- Whitewater Canoeing/Kayaking/Rafting (Class III+)

**CHECK ONE TYPE OF MEMBERSHIP:**

- \$15.00 Single / Family Membership
- \$45.00 Associate/Business Membership (w/a 6 column inch KCKA Newsletter ad & KCKA website ad)
- \$200.00 Life Membership (does not include chapter dues)
- My additional contribution to KCKA Conservation-Access Program
- OPTIONAL CHAPTER AFFILIATIONS**
- \$5.00 Kayak Chapter

\$ \_\_\_\_\_ **TOTAL OF ALL FEES**

Please fill out this form completely, even if you are renewing. Send the application and your check for TOTAL OF ALL FEES to:

**Kansas Canoe & Kayak Association; PO Box 44-2490; Lawrence, KS 66044**



## General Waiver & Liability Release

I, THE UNDERSIGNED, HEREBY ACKNOWLEDGE THAT I AM AWARE THAT THERE ARE CERTAIN ELEMENTS OF DANGER INHERENT IN BOATING ACTIVITIES WHICH ARE BEYOND THE CONTROL OF KANSAS CANOE & KAYAK ASSOCIATION (KCKA), ITS TRIP COORDINATORS, CLUB MEMBERS, CLUB OFFICERS AND THE BOARD OF DIRECTORS, AND THAT PARTICIPATION IN THESE EVENTS AND OTHER ACTIVITIES SUCH AS FLOAT TRIP AND CAMP OUTINGS, ENTAILS UNAVOIDABLE RISK AND POSSIBLE LOSS OF LIFE AND OR PROPERTY. IN CONSIDERATION OF THE KCKA, TRIP COORDINATORS, OFFICERS, BOARD OF DIRECTORS AND MEMBERS OF KCKA, I DO HEREBY FOR MYSELF AND FOR ALL WHO MAY HEREAFTER CLAIM THROUGH OR FOR ME, WAIVE AND RELEASE ALL FUTURE CLASSES, RIGHTS AND CAUSES OF ACTION ACCORDED IN MY FAVOR AS A RESULT OF PERSONAL INJURIES, LOSS OF LIFE OR LOSS OF PROPERTY WHICH I MAY SUFFER WHILE PARTICIPATING IN CLUB EVENTS, AGAINST THE PEOPLE AND ORGANIZATION OF THE KCKA AS DESCRIBED ABOVE AND I FURTHER HEREBY COVENANT AND AGREE, THAT NO SUIT OR ACTION AT LAW SHALL BE INSTITUTED FOR THE ABOVE REASONS BY ME OR OTHERS IN MY BEHALF OR IN MY RIGHT. HAVING READ AND UNDERSTANDING THE ABOVE, I FREELY SIGN THIS WAIVER AGREEMENT.

Name(s) \_\_\_\_\_ Date \_\_\_\_\_  
 Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Whom to Notify in Emergency \_\_\_\_\_  
 Emergency Address & Phone \_\_\_\_\_  
 Signature(s) X \_\_\_\_\_  
 Signature of Parent/Guardian (required if under 21) \_\_\_\_\_  
 Address & Phone of Parent/Guardian \_\_\_\_\_

The Kansas Canoe & Kayak Association (KCKA), formerly the Kansas Canoe Association, organized April 26, 1975, is a Kansas Not-For-Profit Corporation. KCKA is an organization of canoeists, kayakers, and rafters working together to promote river running, education, conservation, access and related activities. Various Chapters of KCKA may be established within KCKA to help support the specific interests of Chapter members. *KCKA Bylaws, Outdoor Code, KCKA History, Paddling Tips, Trip Waiver Forms, a list of businesses that extend KCKA Members a discount, and much more can be found on-line in the KANSAS PADDLER Home Page on the Membership Page*

## Presidents Letter

# Riding the Wave

Things have been good so far in 2005 for paddling in Kansas. Members of the Kansas Canoe and Kayak Association should be proud. Their actions have been a large part of this new interest. The momentum started in June when members of the KCKA were involved in a high profile rescue on the Arkansas River in Wichita. From that the Wichita Eagle newspaper wrote a series of articles examining the issues of access and the popularity of paddling. Members of the club were quoted at length. The support of the paper has benefited our sport and made the Kansas Canoe and Kayak Association much better known to the general public. This is the kind of publicity we need.



Independently, but at the same time, plans surfaced to build accesses on the Arkansas River from Rice County to the Oklahoma border. The city of Wichita has contributed \$30,000 to partner with the Kansas Department of Wildlife and Parks to study the issue, which may include a whitewater section. Members of the KCKA are sitting on the advisory committee and as a club we will contribute to the KDWP efforts in any way we can.

Further interaction with the KDWP occurred in September when our annual meeting was held at Toronto Reservoir. The park manager asked members of the KCKA to help develop paddling trails on the lake. Their intent is to promote paddle craft as a recreational option on Kansas lakes. We were glad to help. We are riding a wave of publicity and influence and we must take every opportunity to extend the ride. The best we can do is to be visible on our lakes and rivers. The more the general public sees paddlers the better. We also must make our opinions known. The KCKA includes some of the most experienced and well-trained paddlers in the state. As a resource their knowledge is valuable to the issues we face. We can make a difference.

See you on the river

Jim Johnson



Kansas Canoe & Kayak Association  
PO Box 44-2490  
Lawrence, KS 66044

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